

Welcome to Athena OB/GYN: Your Partner in Pregnancy

Congratulations on your pregnancy and thank you for choosing Athena OB/GYN for your prenatal care! At Athena OB/GYN, we are dedicated to building a genuine partnership with you throughout your journey to parenthood. We are here to provide personalized care and support every step of the way.

Your First Prenatal Visit: What to Expect

During your initial appointment, you will meet with one of our providers to review your comprehensive medical history, including:

- Medical history
- Surgical history
- Obstetric history (previous pregnancies)
- Genetic history
- Family medical history

You may also have an ultrasound during this first visit to confirm your pregnancy.

Routine Procedures at Your First Visit:

- Routine Blood Work: Typically ordered and drawn on the same day in our convenient on-site lab.

Optional Prenatal Testing:

Your provider will discuss the following optional tests with you:

- NIPT (Non-invasive Prenatal Testing)
- Genetic Carrier Screening

Important: Insurance Information for Optional Testing

Please review the information about these tests in our resource titled Genetic & Prenatal Testing.

If you are interested in or considering NIPT or genetic carrier screening, please check your insurance coverage prior to your first appointment.

You can find the necessary testing codes for your insurance here:

- [Genetic testing codes needed for insurance](#)

We're Here to Answer Your Questions!

Please feel comfortable creating a list of any questions you have and bringing them to your appointment.

We also encourage you to explore our website for valuable information and answer frequently asked questions.